

Mark 14:37 And He came and found them sleeping. And He said to Peter, Simon, are you sleeping? Were you not able to watch for one hour?

38 Watch and pray that you may not come into temptation. The spirit is willing, but the flesh is weak.

Matt 6: 9 You then pray in this way: Our Father who is in the heavens, Your name be sanctified;

10 Your kingdom come; Your will be done, as in heaven, so also on earth.

11 Give us today our daily bread.

12 And forgive us our debts, as we also have forgiven our debtors.

13 And do not bring us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

1 Pet 5: 5 In like manner, younger men, be subject to elders; and all of you gird yourselves with humility toward one another, because God resists the proud but gives grace to the humble.

6 Therefore be humbled under the mighty hand of God that He may exalt you in due time,

7 Casting all your anxiety on Him because it matters to Him concerning you.

8 Be sober; watch. Your adversary, the devil, as a roaring lion, walks about, seeking someone to devour.

9 Him withstand, being firm in your faith, knowing that the same sufferings are being accomplished among your brotherhood in the world.

10 But the God of all grace, He who has called you into His eternal glory in Christ Jesus, after you have suffered a little while, will Himself perfect, establish, strengthen, and ground you.

11 To Him be the glory and the might forever and ever. Amen.

1 Thes 5:1 But concerning the times and the seasons, brothers, you have no need for anything to be written to you;

2 For you yourselves know perfectly well that like a thief in the night, so the day of the Lord comes.

3 When they say, Peace and security, then sudden destruction comes upon them, just as birth pangs to a woman with child; and they shall by no means escape.

4 But you, brothers, are not in darkness that the day should overtake you like a thief;

5 For you are all sons of light and sons of the day. We are not of the night nor of darkness.

6 So then let us not sleep as the rest do, but let us watch and be sober.

7 For those who sleep, sleep during the night, and those who get drunk are drunk during the night;

8 But since we are of the day, let us be sober, putting on the breastplate of faith and love and a helmet, the hope of salvation.

9 For God did not appoint us to wrath but to the obtaining of salvation through our Lord Jesus Christ,

10 Who died for us in order that whether we watch or sleep, we may live together with Him. 11 Therefore comfort one another, and build up each one the other, even as you also do.

Hab 2:1 I will stand upon my watch, and set me upon the tower, and will watch to see what He will say unto me, and what I shall answer when I am reproved.